

CHILD CLINICAL PSYCHOLOGY

FALL 2022

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Seminar: Fridays 11:30 – 2:20

Seminar Location: PGCLL B131
Office: KTH 213
Office Hours: Fridays 9:30-10:30 or by appointment

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Course Description

In this seminar, we will explore both the theoretical and practical facets of clinical child psychology. We will first lay the foundations for what clinical child psychology is, what a clinical child psychologist does, and how theory plays a role in its application. From there, we will focus our attention on the experiences of children and youth: how they interact with clinicians, the impact that social agents have on mental health (including, but not limited to, family, media, school, and peers), the consequences of a diagnosis, as well as intervention strategies.

Course Objectives

By the end of the course, students will:

- Appreciate the interdisciplinary nature of social psychology and its application in a clinical/practical setting
- Understand and appreciate the strengths and limitations of interventions commonly adopted by clinical child psychologists
- Be able to apply concepts and ideas learned in this course outside of the classroom
- Have enhanced their critical thinking, writing, and organizational skills through course assignments, as well as their communication skills through class discussions.
- Develop essential teamwork skills collaborating with other students on a major research paper

Required Materials and Texts

- Kindlon, D., & Thompson, M. (2009). *Raising Cain: Protecting the emotional life of boys*. Ballantine Books.
- Pipher, M., & Gilliam, S. (2019). *Reviving Ophelia 25th Anniversary Edition: Saving the Selves of Adolescent Girls*. Penguin.
 - Both books can be found in the Campus Store, in McMaster Library, or can be purchased online
- All other readings can be found on our Avenue to Learn site under 'ereserves'

Class Format

Seminars will be held in-person and online, unless otherwise specified. The seminar will take place on Fridays from 11:30-2:20 in PGCLL B131. While attendance is not mandatory, it is encouraged. Unlike a typical lecture style where students are *consumers* of knowledge, in a seminar, students are also *producers* of knowledge. With that being said, please do not attend if you feel unwell. This is especially the case if you are experiencing COVID symptoms and/or have tested positive. You will still be able to join the class and contribute to the discussion via a live feed. More details to follow.

The format of this class may change due to the ever-changing nature of the pandemic. If the university closes, the lectures will be moved to a virtual format until it is safe to return to campus.

Course Evaluation – Overview

1. Seminar Participation – **25%**
 - a. Class Discussions – 10%
 - b. Seminar Contribution – 15%
2. Group Research Project – **75%**
 - a. Group Contract – 5%
 - b. Mini Proposal – 10%
 - c. Presentation – 20%
 - d. Final Paper – 40%

Course Evaluation – Details

Seminar Participation (25%) – Due Throughout the Term

Throughout the semester, students are asked to critically engage with both the reading material and the seminar discussions. In addition, students will be randomly assigned a week where they will have to contribute one peer-reviewed scholarly article related to the week's theme to the discussion, write up a brief summary for their peers to access, and come up with at least two discussion questions. In turn, students who are not presenting that week are expected to either engage with the reading/discussion in-class or online. Further details will be discussed in class and posted on Avenue to Learn

Group Research Project (75%) – Due Dec. 9 (Final Paper)

Over the course of the term, students will work collaboratively on a major research paper focusing on a particular case. Together, you will explore both primary and secondary research on your topic. Your efforts will culminate in a class presentation as well as a final paper. Further details will be discussed in class and posted on Avenue to Learn

Weekly Course Schedule and Required Readings

DATE	TOPIC	READINGS	DUE
Week 1 (Sept. 9)	Introduction to the Course	NO READINGS	
Week 2 (Sept. 16)	A Brief History of Clinical Child Psychology Clinical Child Psychology Theory	<i>History of Clinical Child & Adolescent Psychology</i> <i>Clinical Diagnosis and Assessment: Theoretical Considerations</i>	
Week 3 (Sept. 23)	Clinical Child Psychology in Practice: Practical and Ethical Considerations	<i>The Consultation Process and Intake Interviews</i>	
Week 4 (Sept. 30)	From Infancy to Preschool	<i>Clinical Problems of the Preschool Child</i> <i>Sleep and social-emotional development in infants and toddlers</i>	Due: Group Contract/Completed GANNT Chart
Week 5 (Oct. 7)	School-Aged Children	<i>"Raising Cain" Chapters 1-5</i>	
Week 6 (Oct. 14)	READING WEEK	No Readings!	
Week 7 (Oct. 21)	Adolescence Part 1	<i>"Raising Cain" Chapters 6-12</i>	Due: Mini Proposal
Week 8 (Oct. 28)	Adolescence Part 2	<i>"Reviving Ophelia" Chapters 1-5</i>	
Week 9 (Nov. 4)	Youth	<i>"Reviving Ophelia" Chapters 6-11</i>	
Week 10 (Nov. 11)	Diagnosis and its Consequences	<i>Stigma and Self-Concept Among Adolescents</i>	

		<i>Receiving Mental Health Treatment</i> <i>The Social Construction of Hyperactivity: Uncertainty and Medical Diagnosis</i>	
Week 11 (Nov. 18)	Interventions	<i>Retrospective Self-Reports of Therapist Flexibility in a Manual-Based Treatment for Youths with Anxiety Disorders</i> <i>Psychiatric and Psychosocial Treatment: Part II Contemporary Approaches</i>	
Week 12 (Nov. 25)	Presentations	No Readings	Due: Round 1 of Presentations
Week 13 (Dec. 2)	Presentations	No Readings	Due: Round 2 of Presentations Due: Final Paper (Dec. 9)

Course Policies

Email Policy

If you have any questions or concerns throughout the term, please feel free to email either Dr. Speakman at hiltze@mcmaster.ca.

When emailing Dr. Speakman, please use your McMaster email. This is University policy. In addition, please do not use Avenue messenger, as these messages often get overlooked or missed entirely. In the subject heading of your email, please indicate the course code. It would also be helpful to include your name (this can either be the one on the registrar's list, or your preferred name) and student number in the email.

If you do not get a response within a week, please re-send the email as it may not have been received. In addition, please be aware that emails may not be responded to in the evenings or the weekends.

Submission of Assignments

Please submit your assignments to the appropriate folder on Avenue to Learn. When submitting an assignment, please use either a PDF or Word document as other formats are not recognized. Also ensure that you are submitting the correct assignment to the correct class

Grades

Grades will be based on the McMaster University grading scale:

MARK	GRADE
90-100	A+
85-90	A
80-84	A-
77-79	B+
73-76	B
70-72	B-
67-69	C+
63-66	C
60-62	C-
57-59	D+
53-56	D
50-52	D-
0-49	F

Late Assignments

The due dates for assignments are fixed and non-negotiable unless you are registered with SAS or submit a McMaster Student Absence Form (<http://www.mcmaster.ca/msaf>). The MSAF is a self-reporting tool for Undergraduate Students to report absences for medical or other reasons that last up to 3 days and provides the ability to request accommodation for any missed academic work worth less than 25% of your overall. In these cases, students should review and follow the Academic Regulation in the Undergraduate Calendar "Requests for Relief for Missed Academic Term Work". Please note these regulations have changed beginning Fall 2015.

This form should be filled out when you are about to return to class after your absence. If you are absent for more than 3 days, or exceed one request per term, you **MUST** visit your Associate Dean's Office. You may be required to submit supporting documentation.

MSAF cannot be used for the Midterm or Final Exam. Late assignments will be deducted **5% per day late**. Any assignments that come in 2 weeks past the due date will receive an automatic grade of zero.

Review of Marks

I will be diligent in marking all assignments fairly and accurately. Nonetheless, occasionally students disagree with the marks they receive. When this occurs, I will be happy to review the mark of any assignment, if the procedure outlined below is followed.

Please note that when a mark is reviewed, the new mark may be lower than the original.

To request a review of a mark, write a ½ page memo describing in detail the nature of the perceived marking error and submit this memo to Dr. Speakman. You may submit requests for review no sooner than **48 hours** after receiving a grade, and no later than one week after assignments are released back to the class.

Avenue to Learn

In this course we will be using Avenue to Learn. Students should be aware that, when they access the electronic components of this course, private information such as first and last names, user names for the McMaster e-mail accounts, and program affiliation may become apparent to all other students in the same course. The available information is dependent on the technology used. Continuation in this course will be deemed consent to this disclosure. If you have any questions or concerns about such disclosure please discuss this with the course instructor.

Turnitin.com

In this course we will be using a web-based service (Turnitin.com) to reveal plagiarism. Students will be expected to submit their work electronically to Turnitin.com and in hard copy so that it can be checked for academic dishonesty. Students who do not wish to submit their work to Turnitin.com must still submit a copy to the instructor. No penalty will be assigned to a student who does not submit work to Turnitin.com. All submitted work is subject to normal verification that standards of academic integrity have been upheld (e.g., on-line search, etc.). To see the Turnitin.com Policy, please to go www.mcmaster.ca/academicintegrity.

University Policies

Academic Integrity Statement

You are expected to exhibit honesty and use ethical behavior in all aspects of the learning process. Academic credentials you earn are rooted in principles of honesty and academic integrity.

Academic dishonesty is to knowingly act or fail to act in a way that results or could result in unearned academic credit or advantage. This behavior can result in serious consequences, e.g. the grade of zero on an assignment, loss of credit with a notation on the transcript (notation reads: "Grade of F assigned for academic dishonesty"), and/or suspension or expulsion from the university.

It is your responsibility to understand what constitutes academic dishonesty. For information on the various types of academic dishonesty please refer to the Academic Integrity Policy, located at www.mcmaster.ca/academicintegrity.

The following illustrates only three forms of academic dishonesty:

1. Plagiarism, e.g. the submission of work that is not one's own or for which credit has been obtained.
2. Improper collaboration in group work.
3. Copying or using unauthorized aids in tests and examinations.

Conduct Expectations

As a McMaster student, you have the right to experience, and the responsibility to demonstrate, respectful and dignified interactions within all of our living, learning and working communities. These expectations are described in the [Code of Student Rights & Responsibilities](#) (the "Code"). All students share the responsibility of maintaining a positive environment for the academic and personal growth of all McMaster community members, **whether in person or online**.

It is essential that students be mindful of their interactions online, as the Code remains in effect in virtual learning environments. The Code applies to any interactions that adversely affect, disrupt, or interfere with reasonable participation in University activities. Student disruptions or behaviours that interfere with university functions on online platforms (e.g. use of Avenue 2 Learn, WebEx or Zoom for delivery), will be taken very seriously and will be investigated. Outcomes may include restriction or removal of the involved students' access to these platforms.

Academic Accommodation of Students with Disabilities

Students with disabilities who require academic accommodation must contact [Student Accessibility Services](#) (SAS) at 905-525-9140 ext. 28652 or sas@mcmaster.ca to make arrangements with a Program Coordinator. For further information, consult McMaster University's [Academic Accommodation of Students with Disabilities](#) policy.

Requests for Relief for Missed Academic Term Work

McMaster Student Absence Form (MSAF): In the event of an absence for medical or other reasons, students should review and follow the Academic Regulation in the Undergraduate Calendar "Requests for Relief for Missed Academic Term Work".

Academic Accommodation for Religious, Indigenous or Spiritual Observances (RISO)

Students requiring academic accommodation based on religious, indigenous or spiritual observances should follow the procedures set out in the [RISO](#) policy. Students should submit their request to their Faculty Office ***normally within 10 working days*** of the beginning of term in which they anticipate a need for accommodation or to the Registrar's Office prior to their examinations. Students should also contact their instructors as soon as possible to make alternative arrangements for classes, assignments, and tests.

Copyright and Recording

Students are advised that lectures, demonstrations, performances, and any other course material provided by an instructor include copyright protected works. The Copyright Act and copyright law protect every original literary, dramatic, musical and artistic work, **including lectures** by University instructors

The recording of lectures, tutorials, or other methods of instruction may occur during a course. Recording may be done by either the instructor for the purpose of authorized distribution, or by a student for the purpose of personal study. Students should be aware that their voice and/or image may be recorded by others during the class. Please speak with the instructor if this is a concern for you.

Extreme Circumstances

The University reserves the right to change the dates and deadlines for any or all courses in extreme circumstances (e.g., severe weather, labour disruptions, etc.). Changes will be communicated through regular McMaster communication channels, such as McMaster Daily News, A2L and/or McMaster email.